

UCSB CCAMPIS Presents:
Fall 2021 CALM Parent Talk Series
"Building & Fostering Resilience"

Description:

Join CALM Mental Health Consultant, Cassie Centofranchi, AMFT for parent workshop focused on parenting through the pandemic.

Participants will learn:

- o Community resources that can support their child and how to access them*
- o Strategies and tools to help their child cope with COVID-19 related stressors*
- o Prevention efforts that address early detection, knowledge and awareness of behavioral health needs*
- o Building and fostering resilience*
- o How to tell if a child needs additional supports*

Facilitated by:

Cassie Centofranchi

CALM- Mental Health Consultant, AMFT #117565

Supervised by: Suzie Kirkland, LMFT #91619

**Thursday, September 9th, 2021 @
8:00 PM PST**

Zoom Link:

<https://calm4kids-org.zoom.us/j/85857135547>

Meeting ID:

858 5713 5547

Funded by **UCSB CCAMPIS US Dept. of Ed.**,
An **Early Childhood Care & Education Services** Program

Learn more about **CCAMPIS** at **ucsbccampis.org**

Learn more about **CALM** at **calm4kids.org**

Questions? Contact: **saamehsolaimani@ucsb.edu**

