

COVID-19 GUIDE TO ISOLATION & QUARANTINE

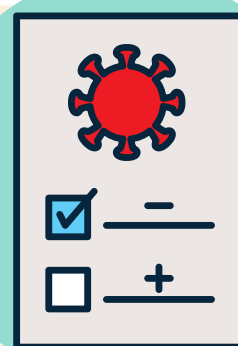
Isolation

(Regardless of Vaccination status)



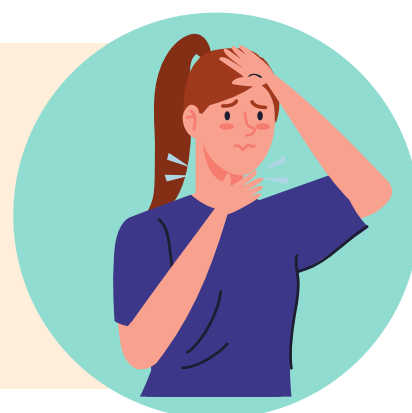
When you're covid-19 positive, stay home for at least 5 days.

It's recommended you have a negative Covid-19 antigen test day 5 or later.



If fever is present, isolation should be continued until your fever resolves.

Continue to isolate until symptoms resolve or until after day 10.



Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings!

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Quarantine (If vaccinated and boosted)



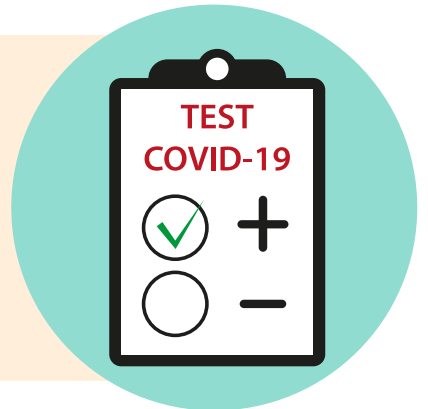
If exposed to covid-19 and you're fully vaccinated & boosted, there's no need to quarantine. If you're not boosted, please quarantine!

It is recommended to get a Covid-19 PCR test on Day 5.



Wear a well-fitting mask around others for 10 days, especially in indoor settings!

If testing positive, follow the isolation recommendations.



If symptoms develop, test and stay home.

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Other measures

TAKE SURVEY



Complete daily quarantine or isolation survey!

Each household should discuss how to arrange and prepare for if a member must quarantine or isolate.



If two or more people in a household test positive, they can share a bedroom as long as it's separate from all household members who did not test positive.



For more information:
Studenthealth.sa.ucsb.edu