

ASIAN RESOURCE CENTER  
COUNSELING & PSYCHOLOGICAL SERVICES

# Resiliency & Community Building for APIDA Students

You're invited to join us in our weekly, drop-in community space for APIDA students. We invite you to come as you are and learn how to support ourselves in our experiences of racial trauma.

**Wednesdays from 3-4:30pm  
(PST)**

First 15 registered participants will receive a self-care gift package in the mail. [Click here to register!](#)

